

Academy of Certified Human Resource Professionals Ltd.

Regus Suites, 17th Floor, JKUAT Towers, Kenyatta Avenue,

P. O. Box 18582 - 00100, Nairobi, Kenya.

= +254 700 722 522 | **S** +254 722 300 245.

admin@achrp.org | https://achrp.org

NITA: NITA/TRN/1234

Certified Workplace Counselor Training

Date	Time	Duration	Venue	CPD	Cost (Excl. VAT)PP
6th - 11th Oct, 2025	08:30 AM-4:00 PM	6 Day(s)	Bliss Resort, Mombasa	6	60,000.00

Course Overview

IHRM: C00259

This immersive certification course equips HR professionals, wellness coordinators, and people leaders with advanced tools to deliver mental health support and emotional counseling within organizational contexts. Participants learn to create psychologically safe spaces, intervene ethically in mental health cases, and champion wellness initiatives that respond to real behavioral risks. Grounded in workplace realities and aligned with mental health protocols, this course blends counseling psychology, therapeutic frameworks, peer support design, and strategic policy alignment. Graduates emerge as certified internal counselors equipped to transform workplace culture with compassion, clinical awareness, and psychological resilience.

Course Objectives

By the end of this program, participants will be able to;

- Apply foundational counseling principles and behavioral health techniques in workplace scenarios
- Conduct effective supportive sessions and emotional check-ins with staff
- Recognize symptoms of workplace trauma, anxiety, depression, and burnout
- Deliver low-level therapeutic interventions and refer complex cases ethically
- Design targeted mental wellness plans using organizational diagnostics
- Facilitate coaching and conversations that promote psychological safety
- Champion mental health policy rollouts and build stakeholder alignment

Target Groups

This training is suitable to a wide range of professionals but will greatly benefit;

Down Pollothille CHRP. Den PN Gathitu **Secretary General**

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DATE: 09:10:2025		PROFORMA I	NVOICE						
Invoice To:									
QTY	DESCRIPTION		NET (KES)	VAT (KES)	GROSS (KES)				
1	Certified Workplace Counselor Training		60,000.00	9,600.00	69,600.00				
GROSS: Sixty Nine Thousand Six Hundred 69,600.00									
PAYMENT DETAILS									
Pay Bill No: 247247									
Bank Name: Equity Bank Bank Account Name: Academy of Certified Human Resource Professionals Ltd Bank Branch: Kenyatta Avenue Bank Physical Address: Kenyatta Avenue Bank Account Number: 1 2 9 0 2 7 1 2 4 5 7 5 3									
Please complete tax details below to authorize this booking									
Organization Name:									
Phone Number: Organization KRA PIN:									
Contact Person: Position:									
Signature: Date:									
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