Academy of Certified Human Resource Professionals,
Regus Suites, I&M Tower, 15th Floor, Kenyatta Avenue,
P. O. Box 18582 - 00100, Nairobi, Kenya.
+254 700 722 522 | +254 722 300 245
admin@achrp.org | https://achrp.org

IHRM: C00259 NITA: NITA/TRN/1234

FOUNDATIONS OF PERFORMANCE COACHING TRAINING

Date	Time	Duration	Venue	CPD	Cost (EXcl. VAT)
4th Jul, 2026	8:30 AM-11:30 AM	3 Hour(s)	Zoom, Online	1	1,500.00

Course Overview

True performance management begins with a fundamental shift in leadership identity: moving from a "commander" to a "catalyst." This session establishes the psychological and strategic foundations of the coaching mindset, emphasizing that performance is a continuous cycle rather than an annual event. Participants will explore the neuroscience of coaching to understand how supportive inquiry drives better results than directive management. By aligning individual growth with organizational strategy, leaders will learn to facilitate the performance cycle as a powerful tool for engagement, clarity, and institutional excellence.

Course Objectives

By the end of this program, participants will be able to;

- Differentiate coaching from managing
- Apply a coaching mindset to performance improvement
- Understand the performance cycle and its strategic alignment
- Use coaching principles to support employee development

Target Groups

This training is suitable to a wide range of professionals but will greatly benefit;

- HR Managers and Performance Coaches
- Team Leaders and Supervisors
- Organizational Development Practitioners
- Learning & Development Professionals
- Public Service HR Practitioners
- Senior Managers responsible for coaching and performance transformation
- HR Professionals

Video Link(s)

Module Title	Video Link
Foundations of Performance Coaching	https://www.youtube.com/watch?v=PNNafXQhGfw

CHRP. Den PN Gathitu
Secretary General

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