



Dear professional,

17/07/2025

Stress Management

Start Date	End Date	Venue	CPD	Cost (Excl. VAT)PP	Registration Link
14-12-2019	14-12-2019		2	4,000.00	Register Here

Course Overview

Course Objectives

The objective of the **Stress Management** training is to;

Target Groups

This training is suitable to a wide range of professionals but will greatly benefit;

CHRP, Den PN Gathitu, CCT

CHRP. Den PN Gathitu
Secretary General
Academy of Certified Human Resource Professionals